



GHANA HOMEOPATHY PROJECT



~SPECIAL TRIBUTE EDITION~



Angie Metzger

ANGIE METZGER

Dealing with the very sad loss of one of our co-founders of the Ghana Homeopathy Project who passed away, 21st Feb 2023. Forever grateful and who will be remembered for her huge generosity of spirit and feisty nurturing of the project's growth for almost fifteen years. **THANK YOU ANGIE - RIP- HiA Trustees past & present.**

You were our pillar in Ghana and India, most especially during our outreach clinics at towns over the banks of the huge Volta river. It was even through your effort that we had many foreign homeopaths in Ghana including the two Indian doctors. Mama Angie we love you but God loves you best, so fare thee well and rest in the bosom of the Almighty.- Emperor (Hope Clinic, Volta Region)

Thank you once again ANGELIKA METZGER for your kind services to humanity. We are always grateful: Ken, Noble and the rest of the team in Ghana. Rest in perfect peace, Madam Angie.- Noble Kpogo (Insight Clinic, Kasoa)

FOR ANGIE, each time we met in Ghana brought a deeper sense of sisterhood. Sharing life experiences and innermost thoughts with kindness, as human contact should be. I liked your fire and your fun! Safe transition onwards. May your sparkling spirit fly high, fly free. Much love- Grace Rhoomes (P.D.O.)

Angie was a great lady loved by many. Her memory will remain in our hearts. I remember a line of poetry on the dashboard of a taxi in Tehran about the car. It read: *'This has been given to us in trust (by the Almighty) so that we can earn our sustenance; In truth, the real owner is God.'* I've learnt that everything is a temporary gift given to us in trust and the real owner can recall it at any time. It is how we behave towards that gift that matters. And perhaps this helps with the grief of losing something that we had been used to having. May she rest in peace. We are from the Lord, and unto him we shall return.- Soroush- (HiA Treasurer)

Angie loved Africa (being married to an African should be enough proof!) - she also loved homeopathy (her chosen profession). Therefore, it was easy for Angie to devote herself to a charity that promotes homeopathy in Africa. She gave so much of herself to this cause. In African tradition, people don't die. Especially impactful people. They just transition to the village of the ancestors, where freed from the limitations of the physical world, they are able to make an even more powerful impact.

We were so honoured to have had Angie in our midst walking and working with us for our noble cause over these many years since the inception of the Ghana Homeopathy Project (Homeopathy in Africa). - Bonsu (HiA Co-Chair)



“While the rest of the world has been improving technology, Ghana has been improving the quality of man's humanity to man”

Maya Angelou



www.ghanahomeopathyproject.org

Homeopathy in Africa UK Registered Charity No.1125981

SPRING 2023

Greetings from

HOMEOPATHY IN AFRICA



GHANA HOMEOPATHY PROJECT

SUPPORTING CLINICAL SKILLS OF HOMEOPATHS IN GHANA

Much progress had been made in the last 3-4 months. For various reasons travelling to Ghana has been difficult, so the project has been looking at ways in which we can continue our support without having a volunteer or coordinator there, even though we still do want to ideally have a long-term coordinator/volunteer visit Ghana.

Therefore, we have been focused on offering our continuing education programme with the graduates, where each graduate has a mentor to work with; the focus being on studying and analysing their own cases or cases supplied to them. This way we are gaining knowledge about the strengths and weaknesses of each graduate and how we can support them further in training and clinical experience.

We are also evaluating what can be done to support them into practice and looking at ways in which this can happen.

Additionally, we have brought onto the team **Isaac Gasika** as the Ghana Liaison Adviser and a Practitioner Development Officer, **Grace Rhoomes**, who is a UK-trained homeopath and experienced in the areas of professional and personal development. Grace has already visited all the regions of the country where our graduates live and where the clinics are based. Having her there is helping us evaluate the challenges more effectively.

We are still working on the registration of our graduates with the government Traditional Medicines Practitioners Council (TMPC) which will aid graduates in moving into practice.

Most significantly, we are working on setting up a new **Ghana-based charity** so that we can have a recognised body in Ghana that can take responsibility for the work and be the sister organization for the UK-based charity, **Homeopathy in Africa**. Our role in the UK will be to continue to focus on professional and personal development, recognition of homeopathy in Ghana and to develop introductory and advanced training programmes in the country, which will be coordinated under the umbrella of the Ghana charity.

We will also continue our fundraising events to keep supporting the **Ghana Homeopathy Project** and the graduates of the programme.

Therefore, our focus is becoming clearer about how we want to move forward from here. We are excited about the progress being made. :-D

Richard Pitt-Outgoing General Coordinator



**Outgoing General
Coordinator
Richard Pitt**

**CALL OUT FOR NEW
HiA TRUSTEES!**

WE NEED YOU!

**NO BETTER WAY TO
SUPPORT OUR WORK
THAN BE ON THE
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GHANA HOMEOPATHY PROJECT

WELCOME TO OUR TWO NEW GHP TEAM MEMBERS!!

Isaac Gasika- GHANA LIAISON ADVISER

I officially accepted the role of **Ghana Liaison Adviser** on the 4th of December 2022. This offer came to me as a dream fulfilled, because since we started our training, it has been my wish to help make an impact on the project in Ghana. During the Certificate and Practitioner training, I worked as one of the regional administrators to assist previous coordinator, Lyn Clark, where we ensured good internet connectivity at the spots where we accessed online meetings, and performed many other duties.

So, I was doing much of this before the official appointment as the **Ghana Liaison Adviser**, which formalised my work with the Charity. I was happy and hope to do more to help make the project vibrant and successful in Ghana and beyond. I worked with Richard Pitt, the outgoing General Coordinator, to assist the graduates to apply for TMPC licensing. We are also working on registering the new charity in Ghana. It is our hope to also seek accreditation for the College from the Traditional Medicine Practice Council (TMPC) of the Ministry of Health in Ghana.

It is my joy to work with the **Practitioner Development Officer, Grace Rhoomes**, to see how we can move our experiences and practice forward. We have ongoing chats and phone calls to discuss issues regarding the work.

This is a great opportunity, because, although I am working, I'm learning new things every day, because of the experienced people in the team that I am working with.

Grace Rhoomes—PRACTITIONER DEVELOPMENT OFFICER

I joined GHP on February 2023, as the **Practitioner Development Officer**. In the last 6 weeks I have met with graduates of the Diploma in Homeopathy, in Greater Accra, Volta and Ashanti regions. This has helped me get an overview of their skills and needs post-graduation, and aspirations for the future as homeopathic practitioners.

I have had initial discussions with clinic managers in Greater Accra and Volta, who have a long history of organising community outreach programmes. Further meetings are to be held to agree structure, frequency, roles and responsibilities etc. in a co-ordinated approach.

I met with **Isaac Gasika, Ghana Liaison Adviser**, to discuss our individual roles, sharing of information and the potential for joint work, where appropriate.

I will meet with a Municipal Community Executive (MCE) in Kumasi, for insight into gaps in services for his communities, and to introduce homeopathy as a potential healthcare provision there. The outcome of this meeting will inform plans to set up a clinical space in Adum, Kumasi, that will be easily accessible for learning experiences regarding graduates there.

Planning for outreach clinics feels like a revival of a model that worked well in the past. With a shared vision and team work, the potential for homeopathy in Ghana is endless.

'If people come together, they can even mend a crack in the sky' African Proverb



Our NEW GHP Team Members

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GHANA HOMEOPATHY PROJECT



Emperor et al sorting remedies for distribution

“Only freedom from prejudice and tireless zeal avail for the most holy of the endeavours of mankind, the practice of the true art of healing.”

Samuel Hahnemann



GRATITUDE & FUNDRAISING CHALLENGES

We are always looking for continued support as we plan our programme for 2023. We have been fortunate to receive ongoing support from Charles Wansborough, a long-term supporter of the project. We have also appreciated the support of The Tanner Trust over the years. We are also working with The Welsh School of Homeopathy as well as The Society of Homeopaths and this gives us an excellent foundation to work with as we consider future educational goals in Ghana and other African countries under the auspices of our charity, Homeopathy in Africa.

We run on a very small budget and are looking at how to support our work in an ongoing sustainable way, including now having people working for us in Ghana. Any donation, whether one-time or on an ongoing basis by Direct Debit is greatly appreciated. Now we need to stretch ourselves to consolidate our work and move to the next level. So, any support is very welcome and the ways in which people can donate are below. Please consider how you can become a friend of the project and support our work.

Money as ‘One Off’ gifts or Regular donations of any amount: please arrange with, deposit in or transfer to:

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Account "Homeopathy in Africa" R/C 112598

Account no. 65318708 Sort code 08-92-99

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